



Introducing Silver&Fit® Basic — A Personal Health Improvement Program
Participating Area Fitness Facilities Include the following (this list is subject to change – please call Silver&Fit for more details):

Name	Gender	Address	City
24 Hour Fitness	Coed	6155 Neil Rd	Reno
24 Hour Fitness	Coed	1595 Sky Mountain Dr	Reno
AnyTime Fitness	Coed	18603 Wedgewood Pkwy STE D&E	Reno
AnyTime Fitness	Coed	4784 Caughlin Pkwy	Reno
AnyTime Fitness	Coed	6370 Mae Anne Ave	Reno
Body Fuel Fitness	Coed	1264 Disc Dr	Sparks
Double Diamond Athletic Club	Coed	9400 Double Diamond Pkwy	Reno
Eagle Fitness	Coed	5265 Vista Blvd	Sparks
Fitness Millennium	Coed	1141 California Ave	Reno
Gold's Gym	Coed	255 Disc Dr	Sparks
South Reno Athletic Club	Coed	9393 Gateway Dr	Reno
Sports West Athletic Club	Coed	1575 S Virginia St	Reno
YMCA of the Sierra	Coed	850 Baring Blvd	Sparks
YMCA of the Sierra	Coed	18400 Village Pkwy	Cold Springs
Curves	Gender Specific	930 Tahoe Blvd	Incline Village
Curves	Gender Specific	135 Isidor Ct	Sparks
Curves	Gender Specific	10603 Stead Blvd	Reno
Curves	Gender Specific	16560 Wedge Pkwy	Reno
Curves	Gender Specific	80 E Patriot Blvd	Reno
Curves	Gender Specific	5150 Mae Anne Ave	Reno
Curves	Gender Specific	5295 Sun Valley Blvd	Sun Valley
Curves	Gender Specific	2805 W US Hwy 40	Verdi
Curves	Gender Specific	3400 Kauai Ct	Reno
Curves	Gender Specific	2351 Pyramid Way	Sparks