



Services that require authorization for  
Washoe County Self-Funded  
PPO Plan  
and  
High Deductible Health Plan (HDHP)

- **Inpatient hospital admission** – except as noted, at least 3 working days prior to any hospital or skilled nursing facility admission.
  - **Emergency admissions** require notice within 72 hours or first business day following weekend or holiday admission
  - **Pregnancy**- not required if delivery does not exceed 48 hours following a normal vaginal delivery or 96 hours following a cesarean section delivery, mother or newborn.
  
- **Behavioral health services and substance abuse care** – At least 3 working days prior to any inpatient services, outpatient partial hospitalization programs and partial residential treatment programs
  - Emergency admissions require notice within 72 hours or first business day following a weekend or holiday admission.
  
- **Weight loss surgery** – prior to any weight loss surgery (bariatric/lap band)
  
- **Nevada clinical trials**
  
- **Transplants** – Organ and tissue including consultation and admissions
  
- **Varicose vein treatment**

Prescription Benefit Manager- Maxor – 1.800.687.0707 or [www.Maxor.com](http://www.Maxor.com)