

June / July 2019

Provider Connection

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Provider Demographics & Information Changes

Any time you change your billing or physical address, or a provider is added or leaves your practice, you are required to let us know. For billing our address changes, please send an updated W9. For provider adds or terms, please send notification on your practice letterhead to:

ATTN: Provider Relations
 Hometown Health
 10315 Professional Circle
 Reno, NV 89521
 FAX (775) 982-8003

Please include your tax identification number on all correspondence. Remember, keeping us up-to-date with your practice will ensure timely processing of claims!

Hometown Health
 10315 Professional Circle
 Reno, NV 89521

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HealthConnect

NEW HealthConnect YouTube How-To Videos!

HealthConnect Made Easy!

Check out our new HometownHealth Provider Resource Hub at www.hometownhealth.com/healthconnect/.



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Hometown Health

Senior Care Plus

CMS Star Measure Alert!

Osteoporosis Management in Women Who Had a Fracture

What we measure:

The percentage of women 67–85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis **in the six months after the fracture**. Fractures of fingers, toes, face and skull are not included.

What you can do to bring your patient into compliance before the six-month due date:

- Schedule her for a DEXA scan, or
- *Dispense her an osteoporosis therapy prescription, or
- **Schedule her for a FREE skeletal bone mineral density (BMD) screening from Senior Care Plus by calling 775-982-3056.

You may receive a letter from Senior Care Plus identifying members that are eligible for this quality measure. If you do, please take the time to ensure that your patient gets an appropriate screening or treatment for osteoporosis.

Portable sonometer comes to you!

Hometown Health recently acquired a portable bone density sonometer that can be used anywhere.

For the convenience of our members, the Hometown Health Quality Department is happy meet your patient at their next primary care appointment. Our bone density sonometer is portable and can be completed in just ten minutes.

To schedule an appointment for a Bone Density Screening, please call the quality department at 775-982-3056. Senior Care Plus is incentivizing this screening with a \$10 Target gift card to the member. Results will be sent to the primary care provider.

*Osteoporosis Medications: Abaloparatide, Alendronate, Alendronate-cholecalciferol, Calcitonin, Denosumab, Ibandronate, Raloxifene, Risedronate, Teriparatide, Zoledronic acid

**Ultrasound Bone Sonometer - CPT 76977 – ultrasound bone density measurement and interpretation, peripheral site(s), any method

Renown Health Improvement Programs Now Offering CDC Recognized Pre-Diabetes Education Program (DPP)!

Renown health is now offering a Pre-Diabetes Program (DPP) recognized by the CDC. To enroll your patient, please send referral to Renown Health Improvement Programs Pre-Diabetes Program (DPP) or call 775-982-5073 for more information.

Program Overview:

This CDC-recognized lifestyle change programs run for 1 year. In the first 6 months, your patients will meet weekly for 1 hour to learn to:

- Eat healthy without giving up all the foods they love
- Add physical activity into their busy schedules
- Deal with stress
- Cope with challenges that can derail their hard work—like how to choose healthy food when eating out
- Get back on track if they stray from their plan—because everyone slips now and then

In the second 6 months, they will meet monthly for 1 hour to build on the skills they've learned and maintain their positive changes. They will review key concepts such as setting goals, tracking food and physical activity, staying motivated, and overcoming barriers. The second 6 months is essential to help your patients stick with new habits.

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TrueBeam Radiation Therapy

Superior Radiation Technology & In-Network

Renown Health's Institute for Cancer should be your go to for radiation therapy referrals. Renown Health is in-network for all Hometown Health and Senior Care Plus members and the Institute for Cancer utilizes the state-of-the-art Varian TrueBeam radiation therapy system.

The TrueBeam system delivers treatment so precisely, it reaches sub-millimeter levels of accuracy, and unlike other treatment centers in the region, Renown has the technology to deliver radiation from 360 degrees around the patient's body. This targets cancerous cells while sparing healthy tissue.

Please note, CyberKnife referrals will no longer be considered in-network except for a diagnosis of trigeminal neuralgia. Patients requiring radiation therapy should be referred to Renown Oncology. Most patients will receive appointments within two days.



Renown Health Improvement...from page 1

Program Efficacy:

The CDC supports this lifestyle change program because research shows it works. Over the course of 1 year, CDC-recognized lifestyle change programs offer about 24 hours of instruction to lower your patients' risk of type 2 diabetes by more than half.

A randomized, controlled clinical trial showed that completing this lifestyle change program reduced program participants' chances of developing type 2 diabetes by 58% compared to placebo (71% for individuals aged 60 and older), nearly twice as much as the reduction among the group taking metformin (31%).

This program focuses on life-long changes to certain

habits and behaviors, which helps participants maintain healthy improvements over time. A 10-year follow-up study icon showed that participants were still one-third less likely to develop type 2 diabetes a decade later than individuals who took a placebo. Those who did develop type 2 diabetes delayed the onset of the disease by about 4 years.

Program Eligibility:

To be eligible for this program, members must:

- Be at least 18 years old and
- Be overweight (Body Mass Index ≥ 25) and
- Have no previous diagnosis of type 1 or type 2 diabetes and
- Have a blood test result in the prediabetes range within the past year:
 - o Hemoglobin A1C: 5.7–6.4% or
 - o Fasting plasma glucose: 100–125 mg/dL or
 - o Two-hour plasma glucose (after a 75 gm glucose load): 140–199 mg/dL or
- Take the Prediabetes Risk Test and receive a screening result of high risk for type 2 diabetes

Classes are offered in English and Spanish! To enroll your patient, please send referral to Renown Health Improvement Programs Pre-Diabetes Program (DPP) or call 775-982-5073 for more information.

Important Contact Information Hometown Health Network Services



- Danae Lear** – Director of Network Services
- Brenda Stafford** – Senior Provider Services Representative
- Regina Washington** – Senior Provider Services Representative
- Erin Davis** – Contracting Provider Specialist – Northern Nevada
- Donna Brewer** – Contracting Provider Specialist – Southern Nevada
- Abigail Hersey** – Provider Services Specialist
- Angelena Bigham** – Professional Staff Services Coordinator
- Mary Graham** – Credentialing Specialist



New Medication Adherence Program

Adherence is an active choice of patients to follow through with the prescribed treatment while taking responsibility for their own well-being. Compliance is a passive behavior in which a patient is following a list of instructions from the provider.

When health conditions, such as diabetes, blood pressure and high cholesterol, are not well-controlled, patients can end up with additional problems or in the hospital. Senior Care Plus is committed to making sure our members are adherent with their medications. In order to help ensure adherence is as easy as possible for our members, Senior Care Plus has a new 100-day supply program. We are offering our members a 100-day supply at the 90-day supply co-pay. We hope this will encourage our members to stay adherent to their medications.

This program only applies to the medication categories below:

- Oral Diabetes Agents & Non-Insulin Injectables (Trulicity, Victoza, Ozempic)
- Blood Pressure Drugs (ACEs/ARBs/DRIs only)
- High Cholesterol Drugs (Statins)

What does this mean for your office?

You may have already received a fax request to switch your patients over to a 100-day supply. If you do not wish to prescribe a 100-day supply due to certain treatment plan circumstances, you can reach out to MedImpact at **(888) 586-8144** to have an override placed for less than a 100-day supply of medication. Medications in these categories will reject at the pharmacy if they are submitted for any day supply less than a 100 day supply.

We do encourage you to prescribe 100 days' supplies to increase medication adherence for our Senior Care Plus members.